

Family Meal Project

Name:

Hour:

Due Date:

Date of Meal:

What is all needed to successfully complete this project?

	Self Evaluation Write how you thought you did	Teacher Comments	Score
A meal that has a food item from all the food groups.			12
Menu – a creative way to explain your meal Do not use lined paper.			10
A recipe or explanation of one of the food items that you created			8
Questions for the cook			14
Family Member questions			14
Project is neat, correct grammar and spelling, turned in on time			10
Total Score			68

Comments ☺

Questions for the Chef – answer in complete sentences

Date of the meal: _____

What did you make?

Why did you choose to make the meal that you did for your family?

How many recipes did you use? _____

(Make sure that you include a recipe and/or explanation of one of the food items that you created- attach to what you hand in)

Did your meal have a food item from each food group? Write the foods on the line where it belongs.

Your meal needs to offer a food from each food group.

Veggies	_____
Fruit	_____
Dairy	_____
Meats/Proteins	_____
Grains	_____
Fat/oils	_____

What was the easiest part about making your meal for the family?

What was the hardest part about making a meal for your family?

Do you feel that your meal was a success? Why or why not

Questions for the Family

Name of Family member that tasted the food and will be answering the questions

Date of the meal _____

Did you enjoy the meal that was prepared for you?

Was your help needed in the planning of the meal?

Was your help needed in the preparation of the meal?

Was there proper safety and sanitation followed by the chef?

Was the meal presented in an appealing manner?

Did the Chef clean-up after the meal was over?

Would you have a meal prepared by this Chef in the future?